



Panthers Player Expectations

We expect our players to:

- Always try to give 100% and apply yourself to the best of your ability for whole of the training session or match
- Respect your fellow players at all times
- Listen and be polite and respectful to the coaches at all times
- Turn up punctually for training and matches
- Register yourself available/unavailable on Spond for training and matches by the appointed time each week (usually Sunday by 9pm)
- Inform your coach with plenty of notice if you are ill or are in doubt for a match or unable to make training. One-the-day drop-outs should be very rare
- Dress in the appropriate Barnet Panthers kit for training and matches
- Communicate with coaches in a positive manner. If a player is unsure of something, ask questions to confirm/clarify understanding
- Relay to the coach or player-and-coach welfare officer if she is unsure or unhappy about something at the earliest possible convenience
- Be a team player. Support your fellow players on and off the pitch and always act in a way which will be beneficial for the whole team – not just yourself
- Represent the club with pride and behave respectfully whilst in training and on Panthers duty